

# ACC ATHLETICS



## J DIVISION

3 SEPTEMBER 2025  
WA ATHLETICS STADIUM

# PARTICIPATING SCHOOLS



## **Alkimos Baptist College**

Light blue polo & navy blue shorts.

**AKB**



## **Australian Christian College**

Predominantly navy singlet or polo with white stripe on side.  
Navy shorts with a white stripe.

**AUS**



## **Atlantis Beach Baptist College**

Blue

**ABB**



## **Esperance Anglican Community School**

Sky blue top and navy blue shorts.

**EAS**



## **Heritage College**

Sky blue polo shirt with HCP logo. Navy shorts with gold stripe.

**HCP**



## **Hillside Christian College**

Royal blue.

**HIL**



## **International School of WA**

Royal blue.

**IWA**



## **Southern Hills Christian College**

Black and white.

**SCC**



## **St Mary Star of the Sea**

Blue & maroon top; black/navy shorts/leggings.

**SMA**



# LANE AND TRIES ORDER

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
1500 m	Esperance	Alkimos	Southern Hills	St Mary Star	Hillside	Internat. WA	Atlantis Beach	Heritage	Australian CC
200 m	Australian CC	Esperance	Alkimos	Southern Hills	St Mary Star	Hillside	Internat. WA	Atlantis Beach	Heritage
800 m	Heritage	Australian CC	Esperance	Alkimos	Southern Hills	St Mary Star	Hillside	Internat. WA	Atlantis Beach
400 m	Atlantis Beach	Heritage	Australian CC	Esperance	Alkimos	Southern Hills	St Mary Star	Hillside	Internat. WA
Relay	Internat. WA	Atlantis Beach	Heritage	Australian CC	Esperance	Alkimos	Southern Hills	St Mary Star	Hillside

	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12
Hurdles	Hillside	Internat. WA	Atlantis Beach	Heritage	Australian CC	Esperance	Alkimos	Southern Hills	St Mary Star
100 m	St Mary Star	Hillside	Internat. WA	Atlantis Beach	Heritage	Australian CC	Esperance	Alkimos	Southern Hills

	1st	2nd	3rd	4th	5th	6th	7th	8th	9th
SP, D, J	Southern Hills	St Mary Star	Hillside	Internat. WA	Atlantis Beach	Heritage	Australian CC	Esperance	Alkimos
LJ, HJ	Alkimos	Southern Hills	St Mary Star	Hillside	Internat. WA	Atlantis Beach	Heritage	Australian CC	Esperance

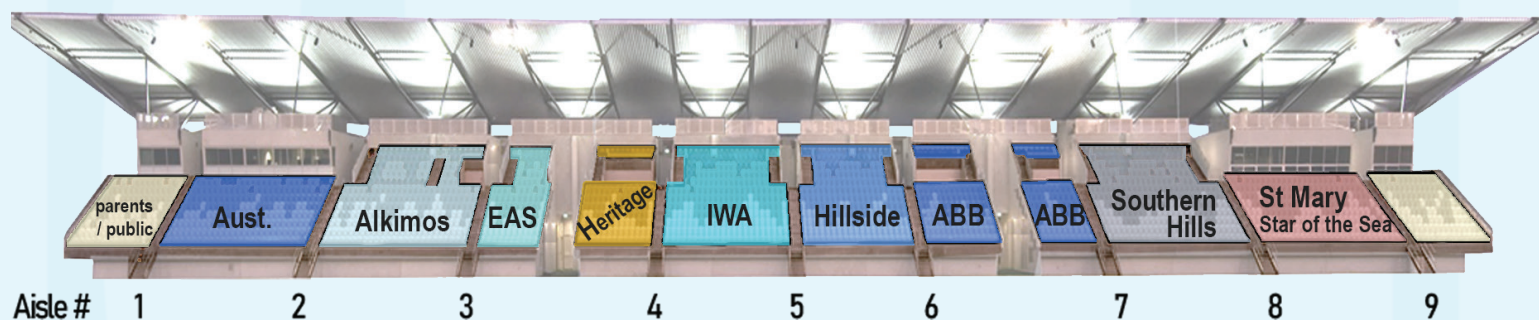


# SEATING ALLOCATION

	Grandstand Block	Entry / Exit Aisle	Shade Sail
Star of the Sea	K	8	17 & 18
Southern Hills	J	7	15 & 16
Atlantis Beach	H & I	6 & 7	13 & 14
Hillside	G	6	11 & 12
International School	F	4 / 5	9 & 10
Heritage	E	4	8
<i>Esperance</i>	D	3	6 & 7
Alkimos	C	2	4 & 5
Australian Christian	B	1	3
parent/public	A	1	1 & 2
spare	L		

The number of seats in each block of the Grandstand is as follows:  
A 104, B 200, C 250, D 103, E 110, F 237, G 200, H 110, I 84, J 268, K 200, L 104

Parents/public spectators are to sit in their allocated block,  
not with the school they have come to support.





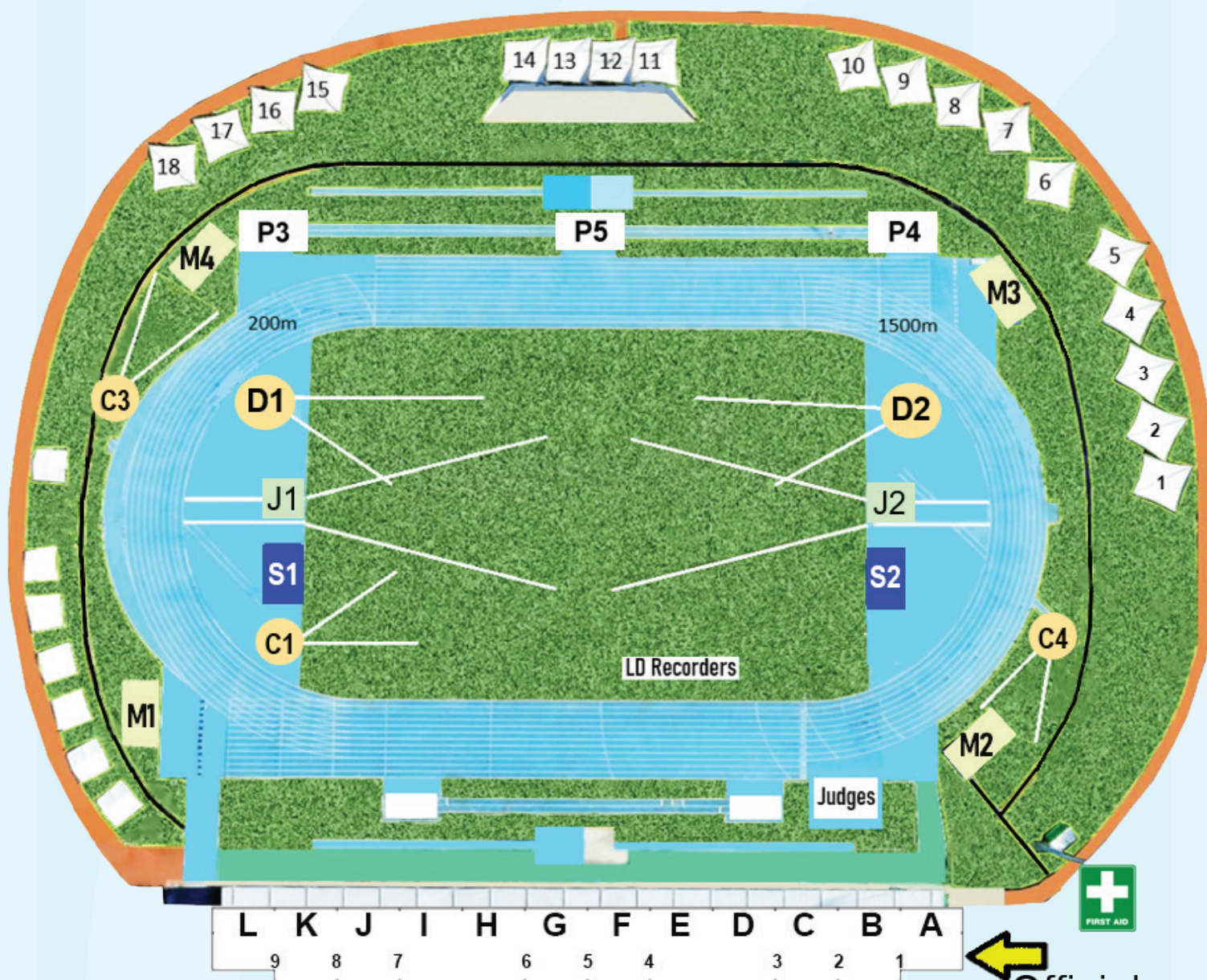
# ARENA LAYOUT

## Field Event Sites

Discus	D1, D2
Javelin	J1, J2
Shot Put Circles	C1, C3, C4
High Jump Stands	S1, S2
Long Jump Pits	P3, P4, P5

## Track Marshalling

Hurdles, 100m, Relay runner 4	M1
400 m, 800 m, Relay runner 1	M2
1500 m, Relay runner 2	M3
200 m, Relay runner 3	M4



## **Note:**

Only event officials and students competing in events should be on the arena inside the fence.

All other students, staff members and spectators are to remain outside of the fencing and behind the rope barrier adjacent to the 100m track.

# CARNIVAL PROGRAM

Event							Curent Record				
#	Time	Gender	Age		Div	Site	Result	Year	Athlete	School	
1	10:00	G	U13	High Jump	II	S1	1.57 m	2022	Mila Joubert	Kingsway	
2	10:00	G	U13	High Jump	I	S1					
3	10:00	G	U19	High Jump	II	S2	1.79 m	2006	Zoe Timmers	St Stephen's, Duncraig	
4	10:00	G	U19	High Jump	I	S2					
5	10:00	B	U13	Shot Put 3kg	II	C4	14.45 m	2023	Rocco Parlongo	Sacred Heart	
6	10:00	B	U13	Shot Put 3kg	I	C4					
7	10:00	G	U13	Javelin 400g	II	J2	36.73 m	2018	Siena Tonkin	Sacred Heart College	
8	10:00	G	U13	Javelin 400g	I	J2					
9	10:00	B	U14	Discus 1kg	II	D1	48.10 m	2019	R. Marchesi-Scott	Mazenod College	
10	10:00	B	U14	Discus 1kg	I	D1					
11	10:00	G	U14	Long Jump	II	P3	5.46 m	2013	Ashlee Glands	Kolbe College	
12	10:00	G	U14	Long Jump	I	P3					
13	10:00	G	U19	Discus 1kg	II	D2	43.74 m	1986	Vanessa French	St Brigid's	
14	10:00	G	U19	Discus 1kg	I	D2					
15	10:00	B	U19	Javelin 700g	II	J1	65.86 m	2016	Jesse Schelfhout	La Salle College	
16	10:00	B	U19	Javelin 700g	I	J1					
17	10:06	G	U13	1500m	II		4.41.94	2017	Rhianna Hepburn	St Mark's ACS	
18	10:06	G	U13	1500m	I						
19	10:09	G	U13	80m Hurdles	I		13.14	2014	Sophie White	Tranby College	
20	10:13	B	U13	1500m	II		4:34.12	2014	Luke Shaw	Kennedy Baptist	
21	10:13	B	U13	1500m	I						
22	10:16	B	U13	80m Hurdles	I		12.73	2015	Ethan Luu	John Septimus Roe	
23	10:20	G	U14	1500m	II		4.35.75	2021	Danielle Graham	Peter Moyes ACS	
24	10:20	G	U14	1500m	I						
25	10:23	G	U14	80 m Hurdles	I		12.60	2015	Sophie White	Tranby College	
26	10:27	B	U14	1500m	II		4.25.05	2015	Luke Shaw	Kennedy Baptist	
27	10:27	B	U14	1500m	I						
28	10:30	B	U14	90 mHurdles	I		12.32	2016	Ethan Luu	John Septimus Roe	
29	10:34	G	U19	1500m	II		4.41.62	2001	Aleisha Anderson	All Saints'	
30	10:34	G	U19	1500m	I						
31	10:37	G	U19	100m Hurdles	I		13.89	2018	Sophie White	Tranby College	
32	10:41	B	U19	1500m	II		3:56.28	2015	Matthew Ramsden	Kolbe College	
33	10:41	B	U19	1500m	I						
34	10:53	B	U19	110m Hurdles	I		13.98	2009	Andrew Emsavana	CBC Fremantle	

# CARNIVAL PROGRAM

Event							Curent Record			
#	Time	Gender	Age		Div	Site	Result	Year	Athlete	School
35	11:00	G	U14	Shot Put 3kg	II	C3	13.45 m	2021	Lauren Kelly	Corpus Christi
36	11:00	G	U14	Shot Put 3kg	I	C3				
37	11:00	B	U13	Javelin 600g	II	J1	44.61 m	2015	Logan Foley	Prendiville
38	11:00	B	U13	Javelin 600g	I	J1				
39	11:00	G	U19	Javelin 500g	II	J2	43.40 m	2024	Lauren Kelly	Australian Christian
40	11:00	G	U19	Javelin 500g	I	J2				
41	11:00	B	U13	Discus 1kg	II	D1	38.65 m	2023	Rocco Parlongo	Sacred Heart
42	11:00	B	U13	Discus 1kg	I	D1				
43	11:00	B	U19	High Jump	II	S1	2.03 m	2024	Wieu Atuer	Irene McCormack
44	11:00	B	U19	High Jump	I	S1				
45	11:00	B	U14	High Jump	II	S2	1.74 m	1992	A Duplex & B Piggott	Bunbury CC
								2011	Joshua Rotham	St Mark's
46	11:00	B	U14	High Jump	I	S2		2016	Ethan Luu	John Septimus Roe
								2016	Aeden Hale	Mazenod College
47	11:00	G	U13	Discus 750g	II	D2	31.99 m	2022	Madeline Pitt	Helena College
48	11:00	G	U13	Discus 750g	I	D2				
49	11:00	B	U13	Long Jump	II	P4	5.65 m	2024	Zayne Bayiwa	Swan Valley ACS
50	11:00	B	U13	Long Jump	I	P4				
51	11:10	G	U13	200m	II		26.13	2019	Sienna Fillis	Corpus Christi
52	11:13	G	U13	200m	I					
53	11:16	B	U13	200m	II		24.38	2015	Ethan Luu	John Septimus Roe
54	11:19	B	U13	200m	I					
55	11:22	G	U14	200m	II		25.15	2023	Emilia Reed	Sacred Heart
56	11:25	G	U14	200m	I					
57	11:28	B	U14	200m	II		23.65	2016	Ethan Luu	John Septimus Roe
58	11:31	B	U14	200m	I		23.65	2016	Ethan Luu	John Septimus Roe
59	11:34	G	U19	200m	II		24.50	2022	Angel Turner	Kingsway CC
60	11:37	G	U19	200m	I					
61	11:40	B	U19	200m	II		21.50	2009	Andrew Emsavana	CBC Fremantle
62	11:43	B	U19	200m	I					
63	11:57	G	U13	100m	II		12.74	2019	Sienna Fillis	Corpus Christi
64	11:58	G	U13	800m	II		2.18.99	2020	Danielle Graham	Quinns BC
65	11:58	G	U13	800m	I					
66	12:00	B	U19	Discus 1.5kg	II	D1	55.18 m	2020	Etienne Rousseau	Kingsway
67	12:00	B	U19	Discus 1.5kg	I	D1				
68	12:00	B	U14	Javelin 600g	II	J1	51.98 m	1986	A Frew	Mazenod
69	12:00	B	U14	Javelin 600g	I	J1				



# CARNIVAL PROGRAM

Event							Curent Record			
#	Time	Gender	Age		Div	Site	Result	Year	Athlete	School
70	12:00	G	U19	Shot Put 3kg	II	C3	15.72 m	2024	Lauren Kelly	Australian Christian
71	12:00	G	U19	Shot Put 3kg	I	C3				
72	12:00	B	U13	High Jump	II	S2	1.67 m	2015	Logan Foley	Prendiville College
73	12:00	B	U13	High Jump	I	S2				
74	12:00	G	U13	Shot Put 3kg	II	C4	11.00 m	2022	Madeline Pitt	Helena College
75	12:00	G	U13	Shot Put 3kg	I	C4				
76	12:00	G	U19	Long Jump	II	P3	5.90 m	2006	Larissa Perry	St Mark's ACS
77	12:00	G	U19	Long Jump	I	P3				
78	12:00	B	U14	Long Jump	II	P4	6.46 m	2012	Jake Balestra	John Septimus Roe
79	12:00	B	U14	Long Jump	I	P4				
80	12:00	G	U14	Javelin 400g	II	J2	38.74 m	2019	Siena Tonkin	Sacred Heart
81	12:00	G	U14	Javelin 400g	I	J2				
82	12:00	G	U14	Discus 1kg	II	D2	36.78 m	1987	Claire Finucane	De Vialar
83	12:00	G	U14	Discus 1kg	I	D2				
84	12:00	G	U14	High Jump	II	S1	1.67 m	2023	Mila Joubert	Kingsway CC
85	12:00	G	U14	High Jump	I	S1				
86	12:00	G	U13	100m	I		12.74	2019	Sienna Fillis	Corpus Christi
87	12:03	B	U13	100m	II		12.06	2015	Ethan Luu	John Septimus Roe
88	12:04	B	U13	800m	II		2:14.32	2014	Luke Shaw	Kennedy Baptist
89	12:04	B	U13	800m	I					
90	12:06	B	U13	100m	I		12.06	2015	Ethan Luu	John Septimus Roe
91	12:09	G	U14	100m	II		12.34	2023	Emilia Reed	Sacred Heart
92	12:10	G	U14	800m	II		2.15.67	2017	Kayla Van Der Linden	Corpus Christi
93	12:10	G	U14	800m	I					
94	12:12	G	U14	100m	I		12.34	2023	Emilia Reed	Sacred Heart
95	12:15	B	U14	100m	II		11.49	2016	Ethan Luu	John Septimus Roe
96	12:16	B	U14	800m	II		2.09.14	2006	Eoghan Curtin	John XXIII
97	12:16	B	U14	800m	I					
98	12:18	B	U14	100m	I		11.49	2016	Ethan Luu	John Septimus Roe
99	12:21	G	U19	100m	II		11.85	2023	Olivia Dodds	John Wollaston
100	12:22	G	U19	800m	II		2.08.62	1990	S Paterson	St Brigid's
101	12:22	G	U19	800m	I					
102	12:24	G	U19	100m	I		11.85	2023	Olivia Dodds	John Wollaston
103	12:27	B	U19	100m	II		10.68	2013	Christopher Miller	Kennedy BC
104	12:28	B	U19	800m	II		1.50.28	1983	Barry Acres	Servite
105	12:28	B	U19	800m	I					
106	12:30	B	U19	100m	I		10.68	2013	Christopher Miller	Kennedy BC

# CARNIVAL PROGRAM

Event							Curent Record			
#	Time	Gender	Age		Div	Site	Result	Year	Athlete	School
107	12:30	G	U13	Long Jump	II	P3	5.07 m	2017	Angelica Turner	Kingsway CC
108		G	U13	Long Jump	I	P3				
109	12:30	B	U19	Long Jump	II	P4	7.04 m	1958	J Baguley	CBC Fremantle
110		B	U19	Long Jump	I	P4		2021	Kye Brindle	Kennedy BC
111	12:30	B	U14	Shot Put 3kg	II	C3	16.54 m	2019	Robert Marchesi-Scott	Mazenod College
112		B	U14	Shot Put 3kg	I	C3				
113	12:30	B	U19	Shot Put 5kg	II	C4	17.39 m	2020	Tyler De Lacy	John Septimun Roe
114		B	U19	Shot Put 5kg	I	C4				
115	12:45	G	U13	400m	I		1:00.54	2023	Mia Shelley	Peter Moyes ACS
116	12:48	B	U13	400m	I		55.81	2015	Ethan Luu	John Septimus Roe
117	12:51	G	U14	400m	I		58.71	2008	Brooke Pires-Parenzee	Santa Maria
118	12:54	B	U14	400m	I		54.05	2016	Ethan Luu	John Septimus Roe
119	12:57	G	U19	400m	I		56.55	2017	Alex Fraser	Kennedy Baptist
120	13:00	B	U19	400m	I		48.78	1983	Barry Acres	Servite
121	13:15	G	U13	Relay	I		53.72	2011		Newman
122	13:19	B	U13	Relay	I		51.05	2014		Kennedy Baptist
123	13:23	G	U14	Relay	I		52.26	2014		Lumen Christi
124	13:27	B	U14	Relay	I		48.54	2018		CBC Fremantle
125	13:31	G	U19	Relay	I		49.37	1981		John XXIII
126	13:35	B	U19	Relay	I		43.62	2019		St Norbert College

catch it live

on



Streamer





Get the link from your school




# AGE CLASSIFICATION & CATEGORIES

	Junior	Senior
A, B, C, D, E & F Divisions	U13, U14 & U15	U16 & U19
G, H & I Divisions	U13 & U14	U15 & U19
J Division	U13 & U14	U19

- All ACC carnivals use the cut-off date **30th June** for age group classification.
- Competitors are permitted to compete in one age group only, for all events.
- A competitor who qualifies to compete in U13 (i.e. was under 13 years of age on 30<sup>th</sup> June) but elects to compete in U14 for his or her *first* event, must remain in U14 for all other events, including relays.

## AWARDS

At all carnivals, team shields are awarded in the following 7 categories:

Junior Boys	Senior Boys	Aggregate Boys	Combined Aggregate
Junior Girls	Senior Girls	Aggregate Girls	

If a category has two schools with equal highest scores, the schools involved will share the shield.

### ***Age Champions and All Stars***

Individual age champions are not announced at the carnivals; they will be posted on the ACC website after the carnival and winners will receive a certificate of acknowledgment.

Following the series of carnivals, the ACC will compare all results across all carnival divisions and select an honorary 'All Star' team of the best performers in each event. Students selected in the All Star team will receive a certificate of acknowledgment and an ACC 'All Star' pin.

## RESULTS

Results will be available online at <https://www.accsport.asn.au/carnivals/athletics/results/2025>.

### ***Post Carnival***

The **final** determination of results will take place three days after the completion of the carnival. If final points scores differ from those announced at the carnival, the schools involved will be notified and, if necessary, shields are to be transferred using minimum process. Final point tallies will also be listed in the ACC Year Book.

POINTS ALLOCATION	1st	2nd	3rd	4th	5th	6th	7th	8th
Div I	12	11	10	9	8	7	6	5
Div II	8	7	6	5	4	3	2	1
Relays	24	22	20	18	16	14	12	10



# COMPETITION RULES

- All events are conducted under IAAF rules unless stated otherwise in this booklet or the ACC Athletics Operations Manual.
- Competitors are to compete under their one registered number only. This number must be written legibly on the back of their left hand. There is no limit to the number of events an individual competitor may compete in
- For all track events, competitors must report to the marshalling marquee before the event to register their name and number. Marshalling marquees are located adjacent to the start of the event.
- If a competitor equals but does not better the record, the record is considered a shared record.
- Competitors are not to be inside the arena unless they are competing in an event.
- Competitors are to be dressed in the official athletics uniform of their school. The Chief Referee has the power to disqualify a competitor who is not suitably dressed.
- A high jump competitor must at least clear the starting height to be awarded a place and points.
- In relay events no student, coach or staff member is to be inside the arena. Athletes must remain on the outside of the track or in the marshalling marquee while waiting for their event.
- All throwing instruments are supplied. Personal throwing instruments are not to be used.
- Start Rule: Only one false start per race is allowed without the disqualification of the athlete(s) making the false start. Any athlete(s) making further false starts in the race shall be disqualified. Any competitor(s) responsible for the first false start will be warned. At the same time, all the other competitors will also be warned. Any athlete making a further false start will be immediately disqualified.
- Footwear must be worn by all competitors in all events. Spikes can be worn in all events except for discus and shot put. Spikes must conform to the following rules; 1. All spikes must be blunt Christmas Tree, Pyramid/Cone shaped. Sharp needle point spikes are not allowed; 2. Track spikes must not exceed 7mm and field spikes must not exceed 9mm, except for Javelin and High Jump which must not exceed 12mm.
- Crouch start and use of blocks are optional.

## SIMULTANEOUS TRACK/FIELD EVENTS

- Athletes are permitted to leave a field event to compete on the track, and then return to continue the field event.
- Field event officials will only wait for the return of competitors up to 15 minutes after the start of the next event at that location. If it is the last event of the day at that site the official will wait 15 minutes after the last competitor present has finished.
- To avoid having to return to a field event, a competitor has the option of completing his/her three attempts in succession, outside of the normal tries order, except high jump.
- A 'returning' competitor in high jump events must re-commence jumping at the current height.
- Track athletes can also use a 'dummy' student to marshal for their track event if they are caught up at a field event.
- Competitors may only leave a field event to compete in another event if they have reported to the site and registered in the event.

# HIGH JUMP STARTING HEIGHTS

The **starting height for division 2 competitors** in each carnival division is stated below in metres; ***the starting height for division 1 competitors will be 5 cm higher.***

All height increments will be 5 cm up until the final 3 competitors; then 3 cm to the top 3 places.

## Div 2 Competitor Starting Heights by Carnival Division

	A	B, C & D	E & F	G	H	I	J
<b>u13 Girls</b>	1.10	1.10	1.10	1.05	1.05	1.00	1.00
<b>u14 Girls</b>	1.15	1.15	1.15	1.10	1.10	1.10	1.05
<b>u15 Girls</b>	1.20	1.20	1.15	1.15	1.15	1.05	
<b>u16 Girls</b>	1.25	1.20	1.15				
<b>u19 Girls</b>	1.25	1.25	1.20	1.15	1.10	1.10	1.05
<b>u13 Boys</b>	1.20	1.20	1.15	1.15	1.15	1.15	1.10
<b>u14 Boys</b>	1.30	1.30	1.25	1.20	1.20	1.15	1.15
<b>u15 Boys</b>	1.35	1.35	1.30	1.25	1.25	1.20	
<b>u16 Boys</b>	1.45	1.40	1.40				
<b>u19 Boys</b>	1.55	1.50	1.50	1.40	1.40	1.30	1.30



[instagram.com/accsport.wa](https://www.instagram.com/accsport.wa) #accsport



A History of Results of the ACC annual divisional carnivals from 1942 to 2024 can be viewed on the ACC website.

## J Division Shield Holders 2024

Overall Aggregate	Salvado
Overall Boys	Salvado
Overall Girls	Salvado
Senior Boys	Southern Hills
Senior Girls	Salvado
Junior Boys	Salvado
Junior Girls	Salvado





[illegible]



# ATHLETICS

*DIVISIONALS*

**LIVE STREAM**



**Streamer**

*Get the link from your school*



# CARNIVAL DIVISIONS 2025

## A DIVISION - Wednesday 17 September

Chisholm College  
Corpus Christi College  
John XXIII College  
Mazenod College  
Newman College  
Peter Moyes ACS  
Sacred Heart College  
St Brigid's  
St Stephen's School, Duncraig

## B DIVISION - Thursday 18 September

CBC Fremantle  
Guildford Grammar School  
John Septimus Roe ACS  
Kolbe Catholic College  
Mater Dei College  
Mercedes College  
Nagle Catholic College  
Prendiville Catholic College  
St Mark's ACS

## C DIVISION - Monday 15 September

Aranmore Catholic College  
Emmanuel Catholic College  
Irene McCormack CC  
Kingsway Christian College  
Lake Joondalup Baptist College  
Mandurah Catholic College  
Seton Catholic College  
St Norbert College

## D DIVISION - Friday 19 September

All Saints' College  
John Paul College  
Kennedy Baptist College  
La Salle College  
Lumen Christi College  
Mercy College  
Quinns Baptist College  
Swan Christian College

## E DIVISION - Wednesday 10 September

Carey Baptist College, Harrisdale  
Court Grammar School  
Helena College  
Mandurah Baptist College  
Providence Christian College  
Servite College  
St Mary MacKillop College  
Ursula Frayne Catholic College

## F DIVISION - Tuesday 9 September

Bunbury Cathedral Grammar School  
Frederick Irwin Anglican School  
Georgiana Molloy Anglican School  
Holy Cross College  
Peter Carnley ACS  
South Coast Baptist College  
St Stephen's School, Carramar  
Swan Valley ACS

## G DIVISION - Monday 8 September

Grace Christian School  
John Wollaston Anglican School  
Living Waters Lutheran College  
Mother Teresa Catholic College  
Rehoboth Christian College  
St James' Anglican School  
St John Bosco College  
St Joseph's College, Albany

## H DIVISION - Friday 5 September

Austin Cove Baptist College  
Ellenbrook Christian College  
Emmanuel Christian Community School  
Mundaring Christian College  
St Andrew's Grammar  
St George's AGS  
St Joseph's School, Northam  
Tranby College

## I DIVISION - Thursday 4 September

Carey Baptist College, Forrestdale  
Cornerstone Christian College  
Dale Christian College  
Foundation Christian College  
Fremantle Christian College  
Geraldton Christian College  
Immaculate Heart College  
Salvado Catholic College  
The King's College

## J DIVISION - Wednesday 3 September

Alkimos Baptist College  
Australian Christian College  
Atlantis Beach Baptist College  
Esperance ACS  
Heritage College Perth  
Hillside Christian College  
International School of WA  
Southern Hills Christian College  
St Mary Star of the Sea